



September 6, 2010 – Grand Rapids, MI

Happy Labor Day

Today we honor all the Americans who labor. That includes you and me. I'm taking a day off and I hope you can do the same.

Enjoy the last holiday of summer—tomorrow we get after it again.

What are you prepared to do today?

Dr. Chet

WGVU FM 88.5/95.3 **npr** ***Straight Talk on Health***

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