

The 30 Pound Club

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We're So Lazy...

As we were driving along a major road in GR today, Paula noticed a billboard advertising a light beer with lime already in it. You've all been reading what I write long enough to know I get ideas from the strangest places; that billboard gave me the idea for this message. But I'm going to give you only my top five—I want you to send me what comes to your mind to complete this statement:

We're so lazy that:

- It's too much trouble to actually squeeze the lime into the beer—the beer has to have the lime already in it.
- We use the automatic door openers in buildings instead of opening the door for ourselves.
- We drive thru and eat in our cars instead of walking in and eating in a restaurant (not to mention actually buying the food and cooking it ourselves).
- We'd rather stand on the automated walkways in airports than repeatedly put one foot in front of the other on solid ground.
- After we drive to our health club, we look for the parking place closest to the door.

Paula adds this one: We're so lazy we'd rather wait in the check-out line than use the self-check because the checker will bag the groceries for us.

So there you go. What can you come up with? Send them to me at 30poundclub@drchet.com, and I'll use them as part of next week's message.

By the way, Paula spotted that sign on the way to getting knee surgery. She's fine and her meniscus is repaired, but I didn't want her to work too hard editing this message so I made it short.

One and Done.

What are you prepared to do today?

Dr. Chet

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