



May 21, 2011 – Summerville, SC

## Wrong Fit

Most of you have heard me recommend the Inherent Health Weight Management Genetic Test. This picture tells you why.



This is a photo from a hotel bathroom—one of the many I've seen this year. When I see things like this, I try to fix it. Well, no matter what I did, the shower curtain hook would not catch the latch. The reason? The hook was made for a rod with a smaller diameter. There's no way it will ever close and lock.

If you're trying to lose weight, you need to take that genetic test. If you don't, you'll never know how you should eat to achieve optimal body weight. You might hit upon it by chance but most times, you won't. No matter what you do, you'll never get to the weight you want to be. Just like that shower curtain hook, it just doesn't fit.

What are you prepared to do today?

***Dr. Chet***

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