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Legit or Not, Part 3

This is the final part in my series on evaluating health newsletters and websites. This one should really raise red flags in whatever you read: there's a conspiracy to keep the information from being released to the public. It's usually the government that's the prime conspirator, and they're usually in cahoots with either big business or big pharma. Every government official is paid off to suppress this major health secret.

Are you kidding me? Think about it. Starting with Watergate, have any government officials been able to keep their mouths shut about anything? Do you think that with the hundreds of people that would have to be involved in suppressing the information regarding a treatment or nutrient that there's enough money to go around to keep them all quiet? Even if they pay off the big guys, some little office drone somewhere is going to want the attention that comes from being a whistle-blower—and what a perfect way to get that 15 minutes of fame that everyone seems to want.

Then there's the competition. If Big Pharma A is suppressing a promising treatment, do you think someone who's up against the wall financially or has a grudge against his employer wouldn't sell the information to Big Pharma B? And with an eye on the bottom line, Big Pharma B is going to rush that treatment to market so fast your head will swim and then proclaim itself the hero for saving so many lives or relieving so much suffering.

Conspiracy provides intrigue. I'm very cynical, but when it comes to health, you would have to be cynical to a level even I can't imagine to think that any person or any company or any group of companies would intentionally suppress something that could be helpful to someone's health, whether it's cancer or heart disease or anything else.

So when you see conspiracies talked about in newsletters or websites, set out the red flags. It may appeal to our suspicions about business or the pharmaceutical industry or even the medical profession, but with the investigative journalists of today and so many news networks with 24 hours to fill every single day, those conspiracies would have been exposed many times over. Because nobody, and I mean nobody, has enough money to pay off government officials **and** the competition **and** the media!

What are you prepared to do today?

Dr. Chet

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