



December 14, 2011 – Grand Rapids, MI

Debate: The Origin

On Monday, I posed this question to get your responses:

Why do you think the focus of physicians is geared toward only treatment and rarely prevention?

Email me what you think; I'm going to collate them for next Wednesday's message.

Today's message will recap the conversation that led to the question. A person who is in charge of a large fitness facility in Grand Rapids was having a conversation with the CEOs of five healthcare groups. She wanted to begin an initiative on diabetes prevention and asked them their opinion of prediabetes interventions. They all said the same thing: there's no such thing as prediabetes. She was taken aback—and I'm stunned.

The path to type-2 diabetes is very well established. How can five physicians not understand that? Maybe it's because there's no insurance reimbursement for weight loss and exercise. But that doesn't mean prediabetes doesn't exist. Doctors say preventing diabetes can't be done, but diabetes can be treated—huh? Does that make any sense?

I await your answers.

What are you prepared to do today?

Dr. Chet

WGVU FM 88.5/95.3 **npr** ***Straight Talk on Health***

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